

2019 Girls Spring Track and Field End of Season Performances List

100m (13.0)	Time	200m Con't	Time	400m Con't	Time	800m (2:35)	Time	3200m (12:45)	Time
M. Smith	12.93	V. Kelly	29.62	I. Repousis	1:10.4h	K. Howard *	2:46.28	K. Cochran	11:53.51
P. Barclift	13.78	F. Cardente	29.76	P. Barclift	1:11h	F. Cardente	2:46.4s	K. Howard *	12:58.15
S. Reamon	13.96	I. Repousis	30.10	M. Cochran	1:12.47	A. Conor	2:47.6s	R. Melloni	14:13 h
A. Berndlmaier	13.99	J. Price *	30.1h	E. Chu	1:12.72	I. Repousis	2:50.26	T. Swider	15:35 h
G. Garozzo	14.16	P. Barclift	30.30	A. Berndlmaier	1:13h	B. DiNoto	2:57s	100HH (17.5) Time	
V. Kelly	14.23	F. Cardoso	30.5h	G. Carey	1:13.33	I. Donia	3:02s	G. Garozzo	16.9
F. Cardente	14.30	E. Chu	30.5h	V. Kelly	1:14.05	R. Melloni	3:02.19	I. Repousis	18.02
G. Carey	14.4h	G. Carey	30.6h	A. Gentile	1:14h	M. Sozio	3:05h	P. Barclift	18.22
T. Mayner *	14.5h	A. Gentile	31.64	K. Howard *	1:15h	Hay. Hartnett	3:06h	M. Smith	18.22
T. Hanson	14.54	G. DeLuca	31.67	R. Melloni	1:15.50	T. Swider	3:10.96	T. Mayner	18.97
E. Chu	14.7h	Han. Hartnett *	30.7h	E. Kern	1:15.85	K. Bonitatibus	3:12s	Han. Hartnett *	19.01
M. Cochran	14.71	E. Kern	31.93	G. DeLuca	1:16h	A. Horafus	3:12s	I. Campbell	20.29
J. Price *	14.72	M. Cochran	31.3h	Hay. Hartnett *	1:17h	E. Cueva	3:14.30	T. Hanson	20.3
O. Crabtree	14.74	T. Mayner *	32.4s	J. Lyons	1:17h	H. Demko	3:30h	F. Cardoso	20.7
A. Gentile	14.87	E. Ruddy	32.6h	T. Mayner *	1:17h	M. Velykis	3:35.27	O. Crabtree	21.6
E. Kern	14.87	I. Campbell	32.7h	J. Price *	1:17h	1600m (5:45) Time		C. Trobik	21.6
G. DeLuca	14.93	J. Lyons	32.8h	M. Sozio	1:17h	M. Keane	5:18.48	L. Hager	22.6
I. Campbell	15.02	C. Torbik	32.94	E. Pepe	1:17.28	J. Morrow*	5:23.68	400IH (1:15) Time	
F. Cardoso	15.2h	E. Pepe	35.67	B. DiNoto	1:18.15	K. Cochran	5:27.27	D. Gindville	1:10.74
J. Figueroa	15.25	L. Hager	36.0h	T. Swider	1:18.98	D. Stuart	5:33.56	I. Repousis	1:14.65
Han. Hartnett *	15.3h	O. Green	36.4h	E. Cueva	1:21h	A. Wiseley	5:48 h	M. Smith	1:15.7 h
J. Lyons	15.36	M. Veykis	37.1h	K. Bonitatibus	1:23h	K. Howard *	6:06.3	P. Barclift	1:16 h
C. Torbik	15.68	400m (1:05) Time		H. Demko	1:25.01	A. Horafus	6:12 h	S. Reamon	1:16 h
E. Ruddy *	15.7h	J. Morrow *	1:00.5s	C. Torbik	1:27h	I. Donia	6:30 s	F. Cardoso	1:19.5 h
L. Hager	16.00	M. Keane	1:01.1s	O. Green	1:30h	A. Connor	6:32 h	K. Howard *	1:25 h
E. Pepe	16.54	D. Stuart	1:03.4s	800m (2:35) Time		B. DiNoto	6:37 h	T. Mayner *	1:27.81
E. Cueva	17.3h	D. Gindville	1:04.42	J. Morrow	2:18.01s	M. Sozio	6:43.72	L. Hager	1:33.17
M. Velykis	17.9h	S. Reamon	1:04.94	M. Keane	2:18.87	R. Melloni	6:46 h		
200m (28.0) Time		M. Smith	1:05.3s	D. Stuart	2:25.3s	T. Swider	7:11 h		
M. Smith	27.44	J. Farr	1:06.92	K. Cochran	2:28.9s	Hay. Hartnett	7:12 h		
D. Gindville	28.9s	F. Cardente	1:08.92	J. Farr	2:28.96s	E. Cueva	7:15 h		
G. Garozzo	29.97	J. Figueroa	1:09.3s	A. Wiseley	2:29.69s	K. Bonitatibus	7:16 h		
S. Reamon	29.21	A. Connor	1:09.44	J. Figereroa	2:43s	H. Demko	7:53 h		
A. Berndlmaier	29.53	T. Hanson	1:10.18	D. Gindville	2:45.9s				

2019 Girls Spring Track and Field End of Season Performances List

Long Jump (14')	Distance	High Jump (4'6)	Height	Shot Put (28')	Distance	Javelin (70')	Distance	300IH	Time
I. Repousis	15-0.25	E. Ruddy	4-8	I. Deal *	37-8	I. Deal *	129-1	D. Gindville	50.71
G. Carey	14-6.5	Han. Hartnett *	4-4	M. Commoroto	29-4.75	D. Gindville	84-11	S. Reamon	57.88
A. Berndlmaier	14-5.5	S. Reamon	4-4	A. Wilson	26-3	A. Wilsman	78-6	1200m	Time
Han. Hartnett *	14-1	Hay. Hartnett *	4-4	A. Wilsman	23-0.75	M. Seagreaves	67-2	M. Keane	3:53s
F. Cardente	13-10	I. Repousis	4-0	A. Siravo	21-5.5	O. Green	52-8	J. Morrow	3:59s
T. Hanson	13-5.5	Pole Vault (7-0)	Height	Discus (75')	Distance	A. Wilson	51-6	A. Connor	4:55s
V. Kelly	13-0.5	I. Repousis	6-6	A. Wilson	102-5	M. Commoroto	44-6	Mile	Time
E. Chu	12-10.75	A. Berndlmaier	6-0	I. Deal *	93-3	A. Siravo	41-3	K. Cochran	5:40.35
G. DeLuca	12-7.25	Triple Jump (28')	Distance	M. Commoroto	76-9			Steeple Chase	Time
A. Gentile	12-3.5	F. Cardente	30-9	A. Siravo	62-4			K. Howard	13:23.26
S. Reamon	11-9.5			M. Seagreaves	59-7				
J. Figueroa	11-8.5			A. Wilsman	57-7				
J. Lyons	11-2.25								
H. Demko	10-1.25								

Varsity Letter

* - Senior
h - hand time
s - split

Relay	Athletes	Meet	Time
4 x 100	M. Smith, I. Repousis, P. Barclift, A. Berndlmaier	Sectionals	53.40
4 x 200	M. Smith, S. Reamon, G. Garozzo, D. Gindville	Don Danser Relays	1:54.31
4 x 400	J. Farr, M. Keane, A. Wiseley, J. Morrow	Sectionals	4:12.36
4 x 800	M. Keane, J. Morrow, D. Stuart, K. Cochran	State Champion Meet	9:39.50
SHR	M. Smith, P. Barclift, T. Mayner, G. Garozzo	Don Danser Relays	1:15.18
SMR	J. Morrow, P. Barclift, S. Reamon, M. Keane	Woodbury Relays	4:29.44
DMR	J. Morrow, M. Smith, D. Stuart, M. Keane	Woodbury Relays	13:08.45

Team Awards

Rookie of the Year	Megan Smith
Iron Minutemaide	Alexa Wilson
Performer of the Year - Individual Events	Maura Keane
Performer of the Year - Relay Events	Jeanine Morrow
Legacy Scholarship Award	Izzy Deal

New School Record - Izzy Deal in Javelin w/ a throw 129-1